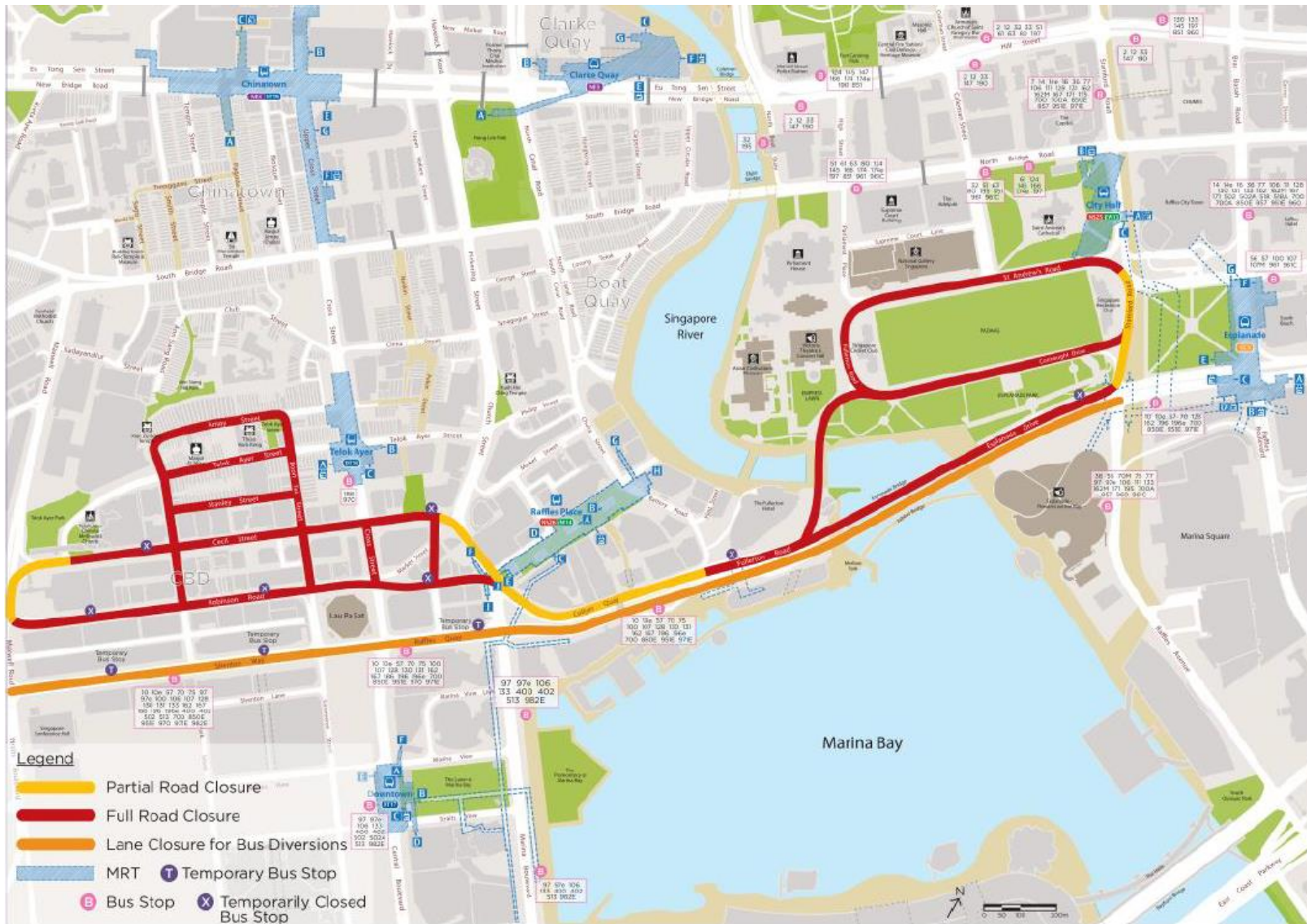


Car-Free Weekend: Car-Free Sunday SG (Civic District and Telok Ayer) on 28 October 2018

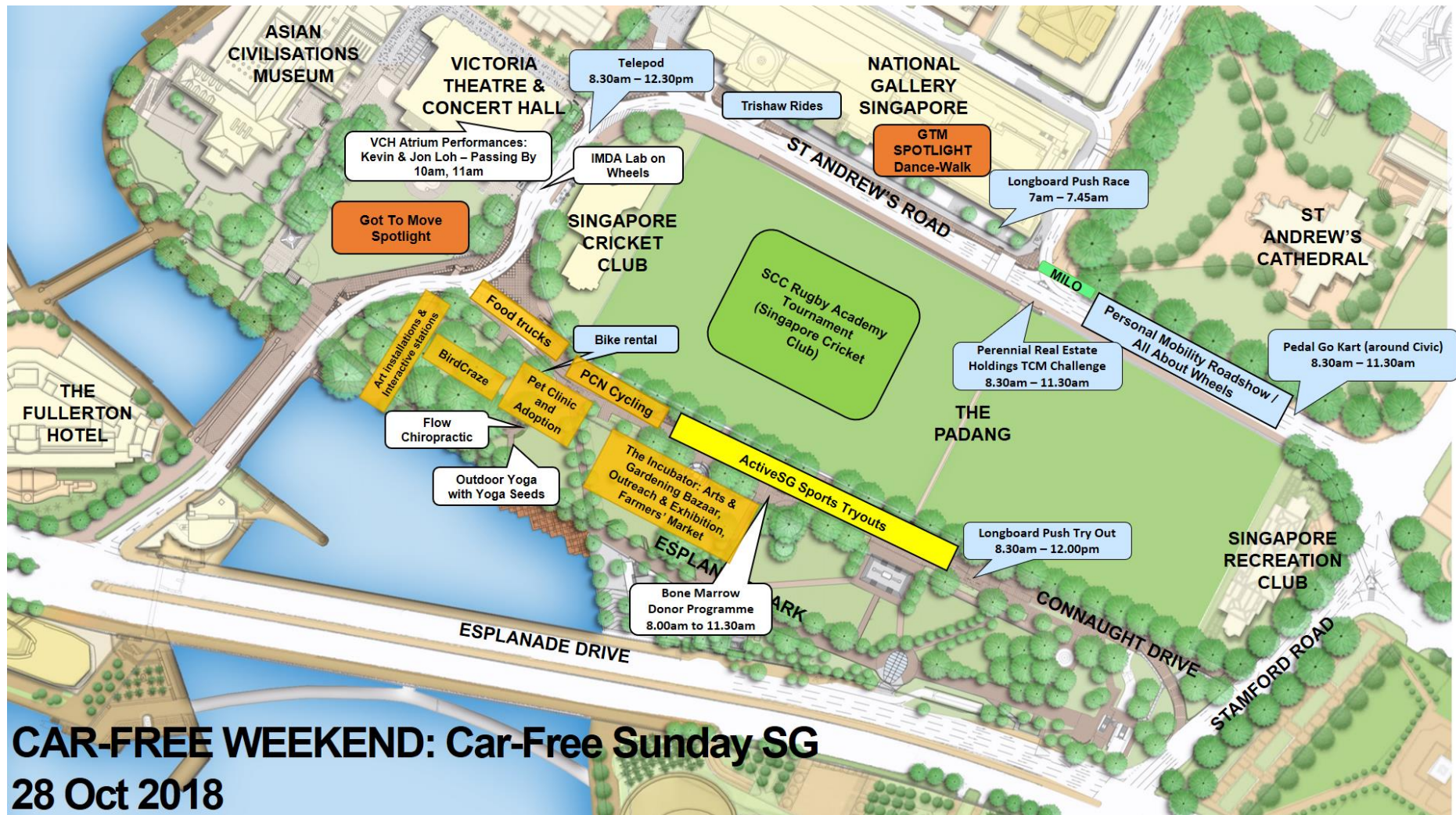
Road Closure Information

Time	Road	Type of closure
<u>CBD Loop</u> 8am – 12noon	Robinson Road	Full
	Cecil Street	
	Fullerton Road	
	Collyer Quay	Partial
<u>Telok Ayer Loop</u> 8am – 12noon	McCallum Street	Full
	Amoy Street	
	Boon Tat Street	
	Telok Ayer Street	
	Stanley Street	
<u>Civic District Loop</u> 8am – 12noon	St Andrew's Road	Full
	Connaught Drive (closed for activities)	
	Esplanade Drive	
	Stamford Road	Partial

Road Closure Map

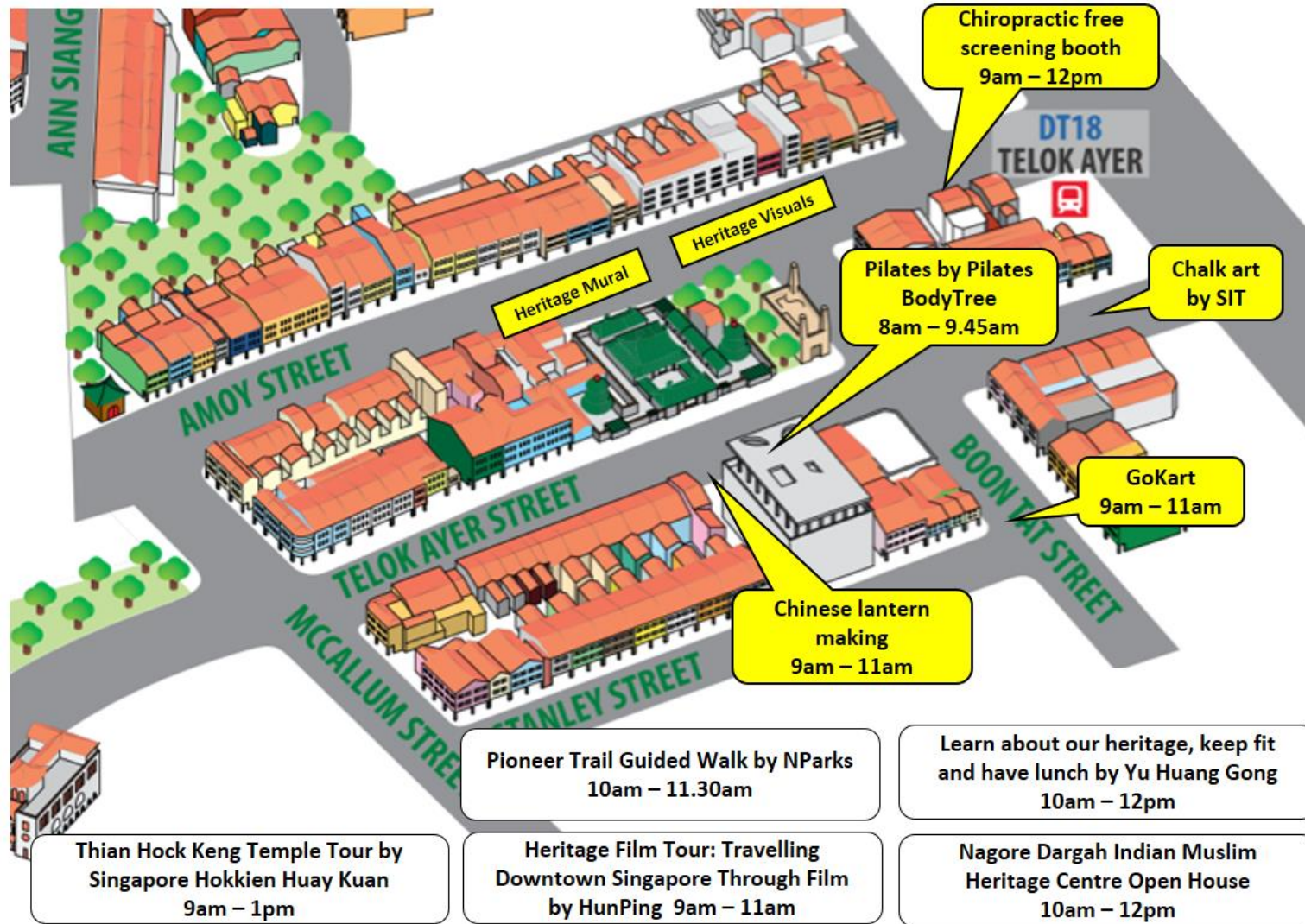


Activities at Car-Free Weekend: Car-Free Sunday SG (Civic District) on 28 October 2018



CAR-FREE WEEKEND: Car-Free Sunday SG
28 Oct 2018

Activities at Car-Free Weekend: Car-Free Sunday SG (Telok Ayer) on 28 October 2018



Thian Hock Keng Temple Tour by Singapore Hokkien Huay Kuan
9am - 1pm

Pioneer Trail Guided Walk by NParks
10am - 11.30am

Heritage Film Tour: Travelling Downtown Singapore Through Film by HunPing
9am - 11am

Learn about our heritage, keep fit and have lunch by Yu Huang Gong
10am - 12pm

Nagore Dargah Indian Muslim Heritage Centre Open House
10am - 12pm

Chiropractic free screening booth
9am - 12pm

Pilates by Pilates BodyTree
8am - 9.45am

Chalk art by SIT

GoKart
9am - 11am

Chinese lantern making
9am - 11am

Heritage Visuals

Heritage Mural

DT18
TELOK AYER

ANN SIANG

AMOY STREET

TELOK AYER STREET

MCCALLUM STREET
STANLEY STREET

BOON TAT STREET

FEATURED ACTIVITIES

Got to Move SPOTLIGHT 2018

Location: St Andrew's Rd, Empress Lawn

Time: 8.30am to 12pm

GTM SPOTLIGHT, organised as part of Got to Move (GTM), an initiative by the National Arts Council (NAC), is a dance carnival where the public come together to experience dance in new and unconventional ways. Participants will kick off their morning with the signature GTM Dance-Walk starting from the National Gallery Singapore's City Hall Steps. This year's refreshed version of the GTM Dance-Walk brings the cardio and dance elements of last year's inaugural edition of the GTM Dance-Walk to another level. After which, head over to GTM's Festival Grounds on Empress Lawn and the National Gallery Singapore's Padang Atrium for a range of dance-related programmes, to discover how easy it is to enjoy dance in your everyday lives, regardless of stamina, age or prior experience with dance.

For more details, visit www.nac.gov.sg/GotToMoveSG. To join in the conversation, follow **Got to Move** on Facebook or Instagram @GotToMoveSG. Tag #GotToMoveSG.

Parks Festival 2018

Location: Esplanade Park

Time: 8am to 5pm

Eat! Play! Shop! Love! The 3rd edition of Parks Festival continues at Car-Free Sunday SG with more fun and exciting activities.

Snap #instaworthy pictures at **outdoor installations**, satisfy your #foodporn cravings at our **food trucks** and shop in comfort at "**The Incubator**" which will house **more than 80 vendors from Gardeners' Day Out and Farmers' Market!** Take your pick of fresh local produce ranging from vegetables, eggs, fish, mushrooms and more from Singapore farms! We encourage you to be a part of our eco-friendly initiative and bring your own bag (BYOB).

Show some love for animals who need a new home. Even your pets are welcome at Parks Festival as our parks are for everyone! Bring them along for a free check-up by our Pet Doctor at the **pet lovers' corner**. Plant owners, we've got you too – bring your plant or photos of it for a free check-up at the **Hort Clinic**.

ACTIVE MOBILITY ACTIVITIES

Bike Rental

Location: Fullerton Road, in front of Victoria Theatre

Time: 8am to 11.30am

Don't want the hassle of bringing your bikes to Car-Free Sunday SG? Standard bikes, children's bikes and novelty bikes are available for rental from our bike rental partners Wheelers and Spring Gear. (*charges apply*)

Personal Mobility Roadshow

Location: St Andrew's Road

Time: 8am to 11.30am

Join us at the Personal Mobility Roadshow where several vendors will be showcasing and selling personal mobility devices and bicycles to help you move towards a more car-lite lifestyle.

Participating Vendors:

- All About Wheels
- Mighty Velo Pte Ltd
- Eco Rider
- Urban Bike

All About Wheels

Location: St. Andrew's Road

Time: 8am to 11.30am

Ever wondered if it's possible to cycle on double-layered bicycles or a single-wheel bike? Wait no more, you can try out all the different eccentric bicycles created by All About Wheels this coming Car-Free Sunday SG!

SPORTS & FITNESS ACTIVITIES

CIVIC DISTRICT

Longboard Push Tryout (new)

Location: Connaught Drive

Time: 8.30am to 12.00pm

Whether you are an adrenaline junkie looking for a new sport, or simply looking for an alternative form of active mobility, here is your chance to try out longboarding and learn how to longboard safely!

SCC Rugby Academy Tournament

Location: The Padang

Time: 7.30am to 6pm

The SCC Rugby Academy 7s and Touch Tournament 2018 is taking place at the Padang on 27 and 28 October 2018.

Share the Road Cycling Carnival

Location: Cecil Street / McCallum Street (gathering point)

Time: 6am to 7.30am

The Share the Road Criterium Series is an initiative spearheaded by the Singapore Cycling Federation and Cycosports. Criterium races are held on closed circuits around Robinson Road and Cecil Street.

The event aims to showcase the competitive cycling community and to provide an open environment to learn more about competitive cycling, as well as a greater understanding of cycling and safety on the roads.

Outdoor Yoga with YOGA SEEDS

Location: Esplanade Park

Time: 7.30am to 8.30am

Kickstart your day with a morning Hatha Yoga session at Esplanade Park. Register for free at [http://carfreesundayyoga.eventbrite.sg/!](http://carfreesundayyoga.eventbrite.sg/)

ActiveSG Sports Try-outs

Location: Connaught Drive, Esplanade Park

Time: 8.30am to 11.30am

Activity	Location	Time
Active Groove Dance Fitness Party	Connaught Drive (in front of The Cenotaph)	8.30am – 11.30am
ActiveSG-Active Groove Clubber Recruitment	Connaught Drive	8.30am – 12.00pm
Street Football with SportCares Foundation	Connaught Drive	9.00am – 11.30am
Singapore Tennis Festival – Street Tennis	Connaught Drive	9.00am – 11.30am
Jumping Fitness Trampoline Workout	Connaught Drive	9.00am – 11.30am
Jump Rope by Jump Rope Federation Singapore	Connaught Drive	9.00am – 11.30am
Active Health Experience Stations by ActiveSG Leaders Through Sport Youths	Connaught Drive	9.00am – 11.30am
Silverstreets Giant Playgrounds for Seniors by Singapore Wellness Association	Connaught Drive	9.00am – 11.30am
Capoeira	Connaught Drive	9.00am – 11.30am

Flow Chiropractic Free Adjustment Booth

Location: Connaught Drive

Time: 8.30am to 11.30am

Dr Timothy Foo from Chiropractic Focus Group will be providing complimentary adjustments to introduce chiropractic to the community and let people have a taste of this natural approach to chiropractic healthcare. Bring your family and friends to see firsthand how chiropractic can be a part of a healthy active lifestyle.

TELOK AYER

Pedal Go-Kart

Location: Telok Ayer Street

Time: 9am to 11am

Come enjoy a round of fun by pedalling your way through the streets of Telok Ayer and the Central Business District. (*charges apply*)

Pilates Signature by Pilates BodyTree

Location: Telok Ayer Street

Time: 8am to 9am

Pick up your exercise mat and join Pilates BodyTree for a full-body movement experience.

Open to any individual without any existing injuries, the 60 mins Pilates session is beginner friendly and will focus on integrating core strengthening with dynamic lower body movements.

*Class will be conducted barefoot

*Bring your own mat

Pilates Signature by Pilates BodyTree

Location: Telok Ayer Street

Time: 9am to 9.45am

BodyTree Women's Wellness's bespoke Pelvic Floor Health programme helps women maintain a high level of fitness especially after birth.

Come experience this 45mins session where you will learn Pelvic Floor Muscles activation, done with a series of functional movements and strength training exercises.

*Bring your own mat

Chiropractic Free Screening Booth

Location: 20 Amoy Street

Time: 5pm to 9pm

Posture & Spine at 20 Amoy Street, home to Total Health Chiropractic and PepperMinted Massage Therapy, will open its doors for you to come and enjoy a free thermal imaging scan find out about the health of your spine!

FAMILY-FRIENDLY ACTIVITIES

CIVIC DISTRICT

IMDA Lab on Wheels (new)

Location: Connaught Drive

Time: 8.30am to 11.30am

The IMDA Lab on Wheels aims to familiarise and introduce frontier tech to prepare citizens to be future ready digital citizens. Come on-board and find out more about trending technologies such as Artificial Intelligence and Immersive Media, and discover how they impact the way we work, live and play! FB: /IMDAsg & IG: @lab.on.wheels

Imagination Playground by ActiveSG

Location: Connaught Drive

Time: 8.30am to 11.30am

Let your children explore and invent their own playgrounds with giant building blocks! They can build tunnels to crawl under, bridges to balance on, mountains to climb over, castles to be a royal prince or princess for the day while developing cognitively, socially and physically and acquiring a range of motor skills! Children and adults are welcome to join in!

Trishaw Rides

Location: St Andrew's Road (in front of National Gallery Singapore)

Time: 9am to 11am

Here's a chance for the less mobile, in particular the elderly, to experience wind in their hair along the car-free route, in trishaws powered by volunteers! This initiative is funded by cycling enthusiast and founder of Jolly Riders Mr Han Jok Kwang.

In addition, non-profit organisation Cycling Without Age is offering free rides on their custom-built trishaws.

Participants can choose to get a ride from volunteers to take in the sights of the city, or choose to operate the trishaw personally to ferry their elderly family members or friends. Priority will be given to those who are less mobile, in particular the elderly, and on a first-come, first-served basis.

Bone Marrow Donor Programme

Location: Connaught Drive

Time: 8am to 11.30am

BMDP will be creating awareness through educating the public about bone marrow transplants and how each individual possess the power to save a life by sharing the stories of beneficiaries and the people who saved the life of these people. They will also be conducting cheek swabs exercise: DNA is collected through cheek swabs as part of the recruitment process for new volunteers. At the same time, conducting fundraising for BMDP through Direct Debit Donor Program (DDDP).

TCM Challenge by Perennial Real Estate Holdings Limited

Location: St Andrew's Rd

Time: 8.30am to 11.30am

Pop by the Perennial booth stationed along St. Andrew's Road during #CarFreeSundaySG and stand to win prizes by testing your TCM knowledge!

Locomole Car-Free Weekend Trail

Location: St Andrew's Rd

Time: Anytime

Participants can explore the Civic District with the Car-Free Weekend Trail through trail-based smartphone application LocoMole.

The trail allows participants to find out more information about activities at Car-Free Sunday SG and acts as a real-time GPS to allow users to learn about the interesting

history behind places of interest along the car-free streets. The app will also feature promotions at participating F&B vendors at Car-Free Sunday SG.

The LocoMole app is available for download from the Google Play Store or the Apple App Store. Enjoy 20% off by using the promo code "CARFREE" when you purchase on LocoMole.com.

TELOK AYER

Simple Steps

Location: Along Telok Ayer Street between Boon Tat Street and Cross Street

Time: 8am to 11am

It takes just simple steps to shape a more liveable Singapore! Join students of Singapore Institute of Technology in transforming our car-free street at Telok Ayer into a canvas of colourful chalk drawings. Draw your memories of the past in a hopscotch, then show off your fancy footwork!

Locomole Car-Free Weekend Trail

Location: Telok Ayer

Time: Anytime

Participants can explore the Telok Ayer Conservation Area with the Car-Free Weekend Trail through trail-based smartphone application LocoMole.

The trail allows participants to find out more information about activities at Car-Free Sunday SG and acts as a real-time GPS to allow users to learn about the interesting history behind places of interest along the car-free streets. The app will also feature promotions at participating F&B outlets at Car-Free Sunday SG.

The LocoMole app is available for download from the Google Play Store or the Apple App Store. Enjoy 20% off by using the promo code "CARFREE" when you purchase on LocoMole.com.

ARTS AND CULTURAL ACTIVITIES

CIVIC DISTRICT

VCH Atrium Performances: Kevin & Jon Loh – Passing By

Location: Victoria Concert Hall Atrium

Time: 10am to 10.30am / 11am to 11.30am

Enjoy your Sunday morning with guitarists Kevin and Jon as they bring your music from around the world – Brazil, Spain, and even Asia.

Civic District Tree Trail – Istana Route by NParks

Location: Entrance of Istana

Time: 9am to 10.30am

The Civic District Tree Trail takes you through Singapore's historic Civic District where you will be awed by many majestic and interesting trees, some of which have stood tall for many generations and witnessed the transformation and progress of Singapore through the years. Join us as we take you through part of the trail starting from the entrance of the Istana to CHIJMES.

Register at www.nparks.gov.sg/activities/events-and-workshops/2018/10/civic-district-tree-trail---istana-route

Indoor Exhibitions @ ACM

Location: Asian Civilisations Museum

Time: 10am to 7pm

Housed in a historical building by the Singapore River, this museum tells the stories of Asian civilisations through its permanent collections. Highlights include the Trade and the Exchange of Ideas gallery, which is home to artefacts and artworks that tell stories of Singapore's history as an emporium for global trade; the famous Tang Shipwreck collection, a virtual time capsule of treasures of 9th century China hidden from the world till its discovery in 1998; an contemporary art space; and a magnificent

display of over 300 Chinese ceramics. Other galleries include the Ancient Religions Gallery and the Scholar in Chinese Culture gallery.

Guided tours by volunteer guides are also available daily. Find out more at www.acm.org.sg

Indoor Activities @ National Gallery Singapore

Location: National Gallery Singapore

Time: 10am to 6pm

Explore the world's largest public display of modern Southeast Asian art in (Re)collect: The Making of our Art Collection at the Singtel Special Exhibition Galleries B & C, as well as other artist showcases and installations. For more details, visit www.nationalgallery.sg

Drop-in Activity: Dab and Drag (Keppel Centre for Art Education)

Drop in and have fun creating a painting with short dabs and long flowy lines using different materials. Then, get a ticket to Wu Guanzhong: Expressions of Pen & Palette and see how Wu Guanzhong used a variety of brushstrokes in innovative ways.

TELOK AYER

Chinese Lantern making (new)

Location: Telok Ayer Street

Time: 9am to 11am

Try your hands at making a traditional Chinese lantern and walk the closed roads with your masterpiece!

Heritage Film Tour: Traversing Downtown Singapore Through Film by Hun Ping

Location: The bicycle tour will begin at the entrance of Victoria Theatre and Concert Hall and end at Telok Ayer Street (Far East Square)

Time: 9.00am to 11.00am

Ninety years ago, local feature filmmaking began in a shophouse in the Telok Ayer District. The Singapore-registered Nanyang Lau Poey Kim Motion Picture Company (南洋刘贝锦自制影片公司) had set up a production office at 12, Pekin Street and by 1927, completed what was most likely the first local narrative feature film produced in Singapore. The film, a Chinese silent movie titled 'New Friend' or 'Xin Ke' (新客; New Immigrant), premiered at Victoria Theatre on 4 March 1927. The story of the film commenced with the arrival of an immigrant at the Singapore harbour. Likewise, many films from subsequent eras that were made or shot in Singapore featured the old harbour of Singapore, oftentimes with protagonists disembarking at Clifford Pier or Telok Ayer Basin. The downtown area surrounding Clifford Pier (stretching from Boat Quay to Telok Ayer Street) was also a popular locale for film shoots. It was where celluloid stories were conjured up as part of 1930s Hollywood features; WWII documentaries; classic films from the golden era of Malay cinema (1950s-60s); and the numerous Hong Kong and Euro-American films that found this tropical city to be a heady and enticing backdrop.

Experience these films of places and buildings in downtown Singapore as they were: moving images of their former selves hidden behind and beneath conserved facades, land reclamations and the ever-new cityscape brought about by urban renewal. Tour participants will get to watch film clips from decades ago, pore over old maps and pick up little histories of this perpetually transforming city through their smartphones on whatsapp. The tour leader, Hun Ping aka sgfilmhunter, will upload film clips and make them available for online viewing at the stops during the tour (via Youtube). (*charges apply*)

Thian Hock Keng Guided Tours

Location: Thian Hock Keng main entrance, 158 Telok Ayer Street

Time: 9am to 1pm

Thian Hock Keng is one of Singapore's oldest and most important temples for immigrants from southern China's Fujian province. Completed in 1842 and standing on what used to be the shoreline, it is dedicated to the worship of Ma Zu Po, the Goddess of the Sea. While most of the building materials came from China, the temple

had incorporated cast-iron railings from Scotland and tiles from England and Holland. In 1973, it was gazetted as a National Monument. The restoration project received the 2001 Architectural Heritage Award and the Honorable Mention in the 2001 UNESCO Asia-Pacific Heritage Award.

Volunteers will be conducting temple tours at regular intervals. To join a guided tour, please meet at the entrance of the temple.

Thian Hock Keng Mural

Location: Thian Hock Keng rear wall along Amoy St

Time: Anytime

Commissioned by Singapore Hokkien Huay Kuan and painted by artist Yip Yew Chong, the heritage mural for Thian Hock Keng depicts the voyage of the early Hokkien immigrants; their early lives when they settled in Telok Ayer and Amoy Street; their struggles; their tenacity and resilience; and their contribution towards Singapore's nation building.

The mural was officially launched on 13 April 2017 as part of the Singapore Hokkien Festival 2017. It now comes with an Augmented Reality feature – simply point your mobile phones at various parts of the mural to see digital photos, videos and interesting facts of that era.

Heritage Visuals

Location: Telok Ayer Green facing Amoy St

Time: 8am to 12pm

While making your way through the quaint street, make pauses to find out more about the evolution of Telok Ayer from the heritage visuals.

Pioneer Trail along Ann Siang Hill and Telok Ayer Green by NParks

Location: Tanjong Pagar MRT station (Exit G, street level)

Time: 10am to 11.30am

Learn about the trade and ways of life of Singapore's early immigrants in this walking trail around a quiet enclave amidst the hustle and bustle of Chinatown. Visit places of worship and old shop houses built in the 1800s. Spice up your walk with a close look at interesting fruit and spice trees planted along the way and visit the old well at the foot of Ann Siang Hill.

Register at www.nparks.gov.sg/activities/events-and-workshops/2018/10/pioneer-trail-along-ann-siang-hill-and-telok-ayer-green

Learn about our heritage, keep fit and have lunch

Location: Telok Ayer Green

Time: 10am to 12pm

Singapore Yu Huang Gong is organising a community charity project for the elderly with shifu, the abbot of Singapore Yu Huang Gong and is extending the invitation to members of the public! Participants can learn about the two monuments, exercises to keep fit and have lunch with shifu at Telok Ayer Green.

Elderly above 65 years old can be accompanied by one family member or friend. Interested participants can register with your name and contact number to 81614674 (handphone number) by 25 October 2018.

Nagore Dargah Indian Muslim Heritage Centre Open House

Location: Nagore Dargah Indian Muslim Heritage Centre, 140 Telok Ayer Street

Time: 10am to 12pm

Erected by the Chulia community in 1828, the Former Nagore Dargah building is a magnificent eclectic style building that testifies to the community's presence in Chinatown in the past and also to their contributions to early colonial Singapore's economy. The monument underwent major restoration works in 2007 and in May 2011, the Nagore Dargah Indian Muslim Heritage Centre was officially opened, with a new gallery that comprises a multimedia exhibit and storyboard. Come visit the monument to learn more about the pioneers of the Indian Muslim community in Singapore.

FOOD & BEVERAGE

CIVIC DISTRICT

MILO Van

Location: St Andrew's Road

Time: 9am to 12pm

Energise your day with a nutritious cup of MILO from the iconic MILO van!

TELOK AYER

A Taste of Heritage at Telok Ayer

Soak in the heritage at Telok Ayer Street while enjoying your breakfast.

Participating eateries:

- Sarnies Café

Location: Telok Ayer Street

Time: 8.30am to 4.00pm

- My Awesome Café

Location: Telok Ayer Street

Time: 9.00am to 12.00pm

- Common Man Café

Location: Stanley Street

Time: 7.30am to 5.30pm